

# Local Professional Organizer Brandi Payne to Appear on A&E's Hoarders

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September 2012, Columbus, GA

Professional Organizer Brandi Payne will appear in an upcoming episode of A&E's popular and Prime Time Emmy Nominated series, HOARDERS. Payne worked behind the scenes in the upcoming episode, with the professional team of Dorothy Breininger and Dr. Robin Zasio, as they document the struggle of an Alabama woman working to overcome her battle with hoarding.

According to the Mayo Clinic, Hoarding is defined as "The excessive collection of items, along with the inability to discard them. Hoarding often creates such cramped living conditions that homes may be filled to capacity, with only narrow pathways winding through stacks of clutter. Some people also collect animals, keeping dozens or hundreds of pets often in unsanitary conditions. People who hoard often don't see it as a problem, making treatment challenging. But intensive treatment can help people who hoard understand their compulsions and live safer, more enjoyable lives."

Payne was invited to help assist in a crisis de-cluttering of an Alabama resident's home in August. Payne has worked on numerous jobs in the community and enjoys working one on one with clients to assist in creating order, simplicity, and efficiency in all areas of the home and home office.

Although hoarding is a complex problem, according to the Institute for Challenging Disorganization, "Teaching organizational skills can help to compensate for processing deficits that contribute to hoarding." Research cited by Dr. Catherine Ayers at UC San Diego, ([ocfoundation.org/hoarding](http://ocfoundation.org/hoarding)) indicates that older adults in particular may actually respond better to being taught specific, concrete, organizing skills.

The episode of Hoarders will air this season on A&E. HOARDERS airs on Monday nights 9PM PST/EST. For more information on services offered by Brandi Payne, please visit her website [www.BrandiPayneOrganizer.com](http://www.BrandiPayneOrganizer.com) . For more information on the series, please go to [www.aetv.com/HOARDERS](http://www.aetv.com/HOARDERS)

Professional Organizer, Brandi Payne, is the owner and operator of Neat Home Solutions, LLC and a member of the National Association of Professional Organizers (NAPO).